



Proverbs 1Q 2015 Lesson 1 The Call of Wisdom

I received this email this week:

So very much have I been blessed by your ministry and after watching with profound insights of God's love illuminating in a much more tangible way than ever before, I would like to share many of your DVD presentations with family and friends.

I am not a "lifer" Adventist but came to be a seeker of truth as an adult about 15 years ago and was baptized into "the church" from a Lutheran background. Since then I have been acclimated to "SDA" system of worship and thinking to the point of becoming depressed and overwhelmed with obsessive thoughts of not being fit for heaven, scared to the point of anxiety/panic attacks of the judgment and daily trying to figure out what more I should do or not do to become "ready" for the 2nd coming. After saturating myself through the years with "proof Bible texts" to support all the fundamental beliefs and every publication that Ellen White wrote I became a narrow minded, critical and arrogant, yet well liked "Adventist", I taught Sabbath School, a Bible worker, and was elder's wife as well holding other reputable positions in the church. I became so enthralled with reaching that plateau of Christian perfection that I allowed my self to take on a martyr role and continue in an abusive marriage for 20 years because that was considered "unconditional agape" love and God "hates divorce" as my Pastor reminded me. After emotionally breaking down I did divorce and mournfully stopped for about a year attending church for lack of any sympathy or support and abandonment I felt from my brothers and sisters in the Lord. I cried in isolation for God to bring back the joy of my salvation that once reigned in my heart years ago.

After much counseling from the Domestic Violence Center who very much respected my spiritual perspective I began a new journey of discovering a God who loved me for me. I now attend a small SDA church in a different state that truly knows how to love unconditionally each other quirks and all.

A new sister in the Lord gave me your DVD on the God shaped brain and it ignited further study on your website. I still struggle at times with the realization of God's love being so calming and peaceful and restorative that I almost feel guilty for not feeling guilty when I bask in it's freedom. I press on ~~~

*Please send me 3 sets each of all 3 of your "free dvd" seminars.
I am anxious to smile as I share....Thank you!*



SABBATH

Read first paragraph, “From Eden...” No doubt wrong choices are responsible for tragedy, but a specific action is described as causing the human mind to become confused – what is it?

The mingling of evil and good – how do we see this happening? How did it happen in Eden?

By suggesting lies about God.

How does it happen today?

- By mixing God’s design law with human imposed law, which results in arguing God is arbitrary.
 - Example – which was written in a blog by proponents of the penal view this week – God makes the laws of nature, which have natural consequences, but God’s moral laws are imposed and have no natural consequences and require God to punish.
- By mixing God’s freedom with coercive practices
 - Example – in Jesus we are free, but if we don’t accept Jesus He will kill us, or we have freedom to choose to obey God or not, but if we choose not to obey He will torture and kill us, and we can never escape it, other than by submitting and obeying
- By mixing two characters into the Godhead,
 - Example - Jesus is the God who loved us so much He died for us, but the Father is the God who is angry and wrathful and requires a legal payment not to kill us
- By mixing forgiveness with legal payment – think about it – if you forgive someone a debt, can you also collect it? And if you collect the debt can you turn around and say, “Now that I have been paid in full, I forgive your debt.”
 - I posted this on a website this week and a theologian said, “God can forgive because he is the one who collected the payment.”
 - This is contradictory and confused and misrepresents God.
- By mixing life and death in the character of God
 - Example – this is done by teaching God is the source of life and also the source of inflicted death

Any other examples? Is it any wonder Christianity is confused? And it is amazing the resistance to eliminating these lies.

SUNDAY

Read first paragraph, “In Proverbs...” What do you think of this use of the word, “judgment”?

I like how it is used here, but can judgment mean something other than discernment, wisdom?

The word can also mean a judicial decision, or the judicial event in which one is judged.



Can you think of a place in Scripture where the word means wisdom or discernment, but penal theologians have taught it means God's judicial act?

How about Daniel 7 and Revelation 14?

These texts are part of the Investigative Judgment (IJ) doctrine, which has God and others, in heaven, reviewing record books, to determine the fate of the people on earth, or so it is commonly taught, because they approach the inspired record with a penal presupposition and misinterpret judgment to mean judicial act, rather than discernment or wisdom. Let's look at the evidence:

From one of the founders, who established the doctrine of the IJ:

The coming of Christ as our high priest to the most holy place, for the cleansing of the sanctuary, brought to view in Daniel 8:14; the coming of the Son of man to the Ancient of days, as presented in Daniel 7:13; and the coming of the Lord to His temple, foretold by Malachi, **are descriptions of the same event**; and this is also represented by the coming of the bridegroom to the marriage, described by Christ in the parable of the ten virgins, of Matthew 25. {FLB 207.4}

There are several texts that refer to the same event – Daniel 8:14, Daniel 7:9-14,21,22, Malachi 3:1-4, and the parable of the 10 virgins in Matthew 25. Each of these passages gives insight into the investigative judgment.

Daniel 8:14 is merely predicting the time this event will begin, no other significant details are given in the 8:14 text.

In Daniel 7 we are given more insight, but what is being described?

“As I looked, “thrones were set in place, and the Ancient of Days took his seat. His clothing was as white as snow; the hair of his head was white like wool. His throne was flaming with fire, and its wheels were all ablaze. A river of fire was flowing, coming out from before him. Thousands upon thousands attended him; ten thousand times ten thousand stood before him. The court was seated, and the books were opened....“In my vision at night I looked, and there before me was one like a son of man, coming with the clouds of heaven. He approached the Ancient of Days and was led into his presence. He was given authority, glory and sovereign power; all peoples, nations and men of every language worshiped him. His dominion is an everlasting dominion that will not pass away, and his kingdom is one that will never be destroyed. Daniel 7:9,10,13,14

What did you hear being described?



Those with a legal/penal preconceived idea about what is going on, read this as a court of law, or a judicial proceeding and the books are the books to judge us by. Much is read in that is not in the text.

If we take a more straightforward approach and ask what is being described in the context of the passage another idea emerges.

What is being described is not a judicial proceeding. Instead what is described is a **Royal Court!** It is the Royal Court of the universe which is holding the Coronation of Christ!

Some are uncomfortable with this conclusion and rest their entire position on the Hebrew word "*diyn*," which is translated "court," claiming this Hebrew word refers to a judicial proceeding. I refer them to *The Theological Wordbook of the Old Testament* published in 1980 by Moody Press, which says:

This word, with its derived noun *diyn* is nearly identical in meaning with *šhaphat* {shaw-fat} (q.v.) and its derived noun *mišhpat* {mish-pawt} (q.v.). It appears only twenty-three times, a fraction of the times *šhaphat* and *mišhpat* appear. Of the twenty-three appearances, five are in parallel with *šhaphat* (Jer 5:28; 22:16; Prov 31:8; Ps 7:8 [H 9]); 9:8 [H 9]) and twice more it is associated in the text with *mišhpat* (Ps 72:2; Jer 21:12). Thus nearly a third of its occurrences show how closely the idea of *diyn* was identified or associated with the root *šhaphat*. The verb also occurs in Ugaritic and in parallel with *tp* (the cognate of *šhaphat*) (Fisher, RSP, vol. I, p. 166). Likewise a similar—nearly identical as far as it goes—list of terms is associated with *diyn*, demonstrating the near identity of meaning: with *mêyšhar* {may-shawr} "uprightness," "equity" (Ps 96:10; cf. Ps 75:2); and with *gaša* (Ps 54:1 [H 3]; cf. Ps 72:4). As with *šhaphat* it represents God's government as both among his people (Israel) and among all peoples (Ps 135:14 "people"; Ps 7:8 [H 9] "peoples" cf Ps 72:2; Ps 9:8 [H 9]). As far as the small number of occurrences allows a test, the range of meanings is exactly the same: to govern, in the whole range of activities of government: legislative, executive, judicial, or otherwise. See the discussion of *šhaphat* and *mišhpat*. The difference between the terms is simply that *diyn* is poetic, probably also an archaic and more elegant term. Of the twenty-three occurrences, only one is outside the Protestant grouping of poetical and poetical-prophetic literature. The exception is the single passive form—a Niphal participle (II Sam 19:9 [H 10]). The chief theological significance of this word is that apparently like *šhaphat* it embodies the idea of government, in whatever realm, in all its aspects.[1]

Therefore, I believe that the above credible authority on Hebrew supports "*diyn*" as I have rendered it above. Once we recognize that the court seated is the Royal Court of the universe convening for the governmental action of coronating Christ, we can more clearly understand what occurs during the investigative judgment.

Daniel 7:21,22 gives insight:



As I watched, this horn was waging war against the saints and defeating them, until the Ancient of Days came and **pronounced judgment** in favor of the saints of the Most High, and the time came when they possessed the kingdom.

The above rendering is from the NIV, which many, who assume the legal model, prefer. But does the meaning of the passage change when we read from the King James Version?

Until the Ancient of days came, and **judgment was given** to the saints of the most High; and the time came that the saints possessed the kingdom. Daniel 7:22

Which translation is more accurate? The Hebrew word translated “pronounced” actually means “to give” or “to impart” and thus the KJV would be more accurate in this context.

Why do the saints of God need judgment imparted to them? Because it is another word for wisdom or discernment, why do they need this imparted? The Daniel text tells us the horn warred against the saints and was defeating them. What kind of warfare was going on?

For though we live in the world, we do not wage war as the world does. The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. **We demolish arguments and every pretension that sets itself up against the knowledge of God**, and we take captive every thought to make it obedient to Christ. 2 Cor 10:3-5

What kind of war? Where is it being fought? This is a war between truth and lies, centering on God’s character, and being fought in our minds! Amazingly, Paul makes the connection to the cleansing of the Temple even closer and shows how the Temple is connected to this war going on in our minds:

Concerning the coming of our Lord Jesus Christ and our being gathered to him, we ask you, brothers, not to become easily unsettled or alarmed by some prophecy, report or letter supposed to have come from us, saying that the day of the Lord has already come. Don’t let anyone deceive you in any way, for that day will not come until the rebellion occurs and the man of lawlessness is revealed, the man doomed to destruction. He will oppose and will exalt himself over everything that is called God or is worshiped, so that he sets himself up in God’s **temple**, proclaiming himself to be God. 2Thes 2:1-4

Paul is describing the exact same events as Daniel 7 in which evil powers war against the saints and oppose God. In the aftermath of Christ’s death, resurrection, and ascension into heaven, did this man of lawlessness ride into heaven overthrow God, set himself up in God’s temple in heaven, and proclaim himself to be God? No, where did this happen? In the Spirit Temple! In our minds! **Therefore, the cleansing of the temple, as described in the Bible, is the cleansing of our minds from the lies about God**, which wins us back to trust and results in our cleansing from sin.

Daniel is told in vision that an evil power would arise that would lie, distort, misrepresent God, and defile the Spirit Temple by getting humans to accept, worship, and teach a false picture of God. According to our understanding of interpreting prophetic time, it would take 2,300 years before enough truth would be recovered for Christ to empower His people on earth with judgment (discernment) to break free from the lies and be cleansed in their minds and characters.

All of this is confirmed for us by the other text describing the same event as Daniel 8:14, Malachi 3:1-3:

Then suddenly the Lord you are seeking will come to his temple; the messenger of the covenant, whom you desire, will come,” says the Lord Almighty. But who can endure the day of his coming? Who can stand when he appears? For he will be like a refiner’s fire or a launderer’s soap. He will sit as a refiner and purifier of silver; he will **purify the Levites** and refine them like gold and silver.

What is getting cleansed during the investigative judgment? The Levites. And who are the Levites? The Priesthood of believers (1Pet 2:5,9).

God is cleansing His people from what? 1) the lies about Him which keep us from trusting Him and 2) when we are won back to trust, He cleanses us from sin. God writes His law of love into our hearts. He restores His character of righteousness in us. This is what is happening during the investigative judgment.

How does this happen? By our investigating the truth about God as revealed in Christ, rejecting the lies, and clinging to the truth and trusting God!

But this has been obstructed by accepting the lie that God’s law is functionally like human law, imposed without inherent consequence. Thus the horn wages war and defeats the saints unless the saints obtain wisdom from God, discernment to realize God’s laws are not like human law.

This is the same problem we find in interpreting Rev 14, the message of the first angel – when read through human/worldly law lens we misunderstand the message and take a distorted picture of God to the world – thus we FAIL in doing the work of the three angels. This is why in Revelation 18 the message is to be given again, because it didn’t do its work the first time!

What does it mean “the fear of the Lord is the beginning of wisdom”? I think it has two applications – one for the infant – and one for the mature.

For those, who just out of slavery are having an orgy around a golden calf and God thunders, which caused fear, but in this fear they stopped their orgy, and then started listening – wisdom began. And what did they hear Moses say – “There is no need to be afraid.”

And for the mature – fear is awe, admiration, adoration, in which we humble ourselves into honest seekers of truth willing to learn and be instructed by our amazing God. This attitude opens the mind for wisdom to grow.

MONDAY

True education – what does it look like? The lesson asks us to read Proverbs 1:8-19:

Listen, my son, to your father's instruction
and do not forsake your mother's teaching.
⁹ They are a garland to grace your head
and a chain to adorn your neck.
¹⁰ My son, if sinful men entice you,
do not give in to them.
¹¹ If they say, "Come along with us;
let's lie in wait for innocent blood,
let's ambush some harmless soul;
¹² let's swallow them alive, like the grave,
and whole, like those who go down to the pit;
¹³ we will get all sorts of valuable things
and fill our houses with plunder;
¹⁴ cast lots with us;
we will all share the loot"—
¹⁵ my son, do not go along with them,
do not set foot on their paths;
¹⁶ for their feet rush into evil,
they are swift to shed blood.
¹⁷ How useless to spread a net
where every bird can see it!
¹⁸ These men lie in wait for their own blood;
they ambush only themselves!
¹⁹ Such are the paths of all who go after ill-gotten gain;
it takes away the life of those who get it.

What did you hear?

Wisdom avoids selfishness – it avoids violating the law of love, it avoids hurting others.

Why is this wise? Because life is built on the law of love and to violate the law of love results in something to the violators – what? The text tells us –

¹⁸ These men lie in wait for their own blood;
they ambush only themselves!



¹⁹Such are the paths of all who go after ill-gotten gain;
it takes away the life of those who get it.

Wow! Incredible – but Satan has cast a distortion over the minds of many, so many read this as the wicked create a legal ledger of bad deeds, to which God will one day act as executioner and torture and kill them. Not so – sin pays its wage; the wage is death.

The lesson quotes one of the founders of our church as stating, “In His wisdom the Lord has decreed that the family shall be the greatest of all educational agencies. It is in the home that the education of the child is to begin. Here is the first school.” AH 182.

What do you think the primary, the most basic, the most important lesson of all is? What is the lesson that the family is to teach above all others?

Love!

Infants that are not held, caressed, loved, have altered brains with upregulated fear circuitry and subsequent increased problems with anxiety, depression and relationship difficulties later in life.

We are born infected with selfishness and fear. The home is to nurture the child in love, true love, which sets health boundaries, holds the child to account, but always in love, always with the goal to protect and restore, always with forgiveness, never with vengeance.

The family is to teach the child the meaning of selfless service, of caring for someone more than self. The family is to teach the lesson of community, of connecting, of having a purpose larger than self. The family is to teach God’s design for life, of the loving parents sacrificing self for the welfare of their children, but risking being misunderstood to do what is best for their children.

And as the child grows, what is God’s method to achieve this?

Jesus followed the **divine plan** of education. The schools of His time, with their magnifying of things small and their belittling of things great, He did not seek. His education was gained directly from the **Heaven-appointed sources; from useful work, from the study of the Scriptures and of nature, and from the experiences of life--God's lesson books**, full of instruction to all who bring to them the willing hand, the seeing eye, and the understanding heart. {Ed 77.2}

Consider these lesson books:

- What is learned from useful work?
 - Self-mastery
 - the joy of accomplishment
 - the law of cause and effect



- What is learned from Scripture?
 - The truth about God in the setting of the GC
 - The purpose of man and our place in God's kingdom
 - The rise of evil
 - God's solution to the sin problem in the person of Jesus
 - The ultimate end and how we can participate with God in His plans
- What is learned from nature?
 - How the law of love functions
 - Design law
 - how deviations from the design result in ruin and death
- What is learned from experience?
 - the application of God's principles to life
 - the development of character
 - the establishment of habit
 - the solidification into the truth by experience

TUESDAY

Read first paragraph, "While sinners..." This is quite a revelation to the difference in how truth and lies operate.

Truth operates in the open, broadcast aloud, lies operate behind the scenes, secretly, not wanting to be exposed to the light of truth. I came across this commentary describing the origin of evil in heaven:

Leaving his place in the immediate presence of God, Lucifer went forth to diffuse the spirit of discontent among the angels. Working with mysterious secrecy, and for a time concealing his real purpose under an appearance of reverence for God, he endeavored to excite dissatisfaction concerning the laws that governed heavenly beings, intimating that they imposed an unnecessary restraint. GC 495

And Jesus speaking to the Sanhedrin:

"I have spoken openly to the world," Jesus replied. "I always taught in synagogues or at the temple, where all the Jews come together. I said nothing in secret. Jn 18:20

What do you learn when you find out people go behind the scenes to discredit another person's views, to get speaking engagement canceled, and refuse an open discussion of the difference?

¹⁶For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life. ¹⁷For God did not send his Son into the world to condemn the world, but to save the world through him. ¹⁸Whoever believes in him is not



condemned, but whoever does not believe stands condemned already because they have not believed in the name of God's one and only Son. ¹⁹This is the verdict: Light has come into the world, but people loved darkness instead of light because their deeds were evil. ²⁰Everyone who does evil hates the light, and will not come into the light for fear that their deeds will be exposed. ²¹But whoever lives by the truth comes into the light, so that it may be seen plainly that what they have done has been done in the sight of God. Jn 3:16-21

What does this mean? What do you hear?

Why do people in evil or sin not want to come into the light? What obstructs?

Could it be the lies they hold about what it would mean to come into the light?

Could it be fear, fear of reprisal, punishment, recrimination?

Could it be distorted God concepts that present God has having a legal responsibility to punish sin keeps people hiding in the darkness?

If you believed your doctor was going to punish you for not following his directions – your cholesterol is high, and the doctor has recommended a change in diet, but you have continued eating ice cream, cheese, meat, would you go back to the doctor if you believed he would torture and kill you for not obeying him?

This is what happens in the minds of people who accept the legal lies about God. They don't want to go to God thus they created theologies based on the lies to make them feel safe.

This week it was revealed in an online blog that those who hold the penal view of God find security, NOT in trusting God, but in the "legal payment" Jesus made. In their minds, because of the legal payment made to God by Jesus God cannot touch them. Think about it, their entire theology presents God just as Satan alleged, a God who is revengeful, who will use His power to destroy, but who is legally restrained from doing so because Jesus made the proper legal payment.

This view of God stands in stark contrast to the view we present. We present a God who loved us so much He provided the Remedy to our situation we could never provide, and who will only cry if we refuse it, but will not use His power to destroy us. Thus, we like Jesus can say, "into your hands I surrender my spirit."

In our view our security is found in our trust in God – in their view security is found in a legal payment to God to be protected from God.

This is why they so vehemently attack our view because it frightens them to think about going before God without a legal payment.



In the second paragraph, “The reason that people reject wisdom has nothing to do with the wisdom itself and everything to do with the character of those who reject it.”

This is well said – but also in addition to character perhaps ability to comprehend?

Jesus used to say “Let him who has eyes see and ears hear.” Not everyone is able or willing to understand what is written or said.

Read the last paragraph, “Those who reject...” What do you think of the first sentence? Do you believe this is true? How do you hear the meaning of it?

Through imposed law, it is taught the fruit they reap is the inflicted torture and punishment from God.

Through design law, they reap what happens when one persistently chooses to deviate from God’s design, pain, suffering, culminating in eternal destruction.

Why do people come to believe fables? It sounds very much like God giving them over to a strong delusion to believe a lie – why are they given over to a strong delusion? Because they didn’t love the truth, and if one rejects the truth, the only thing left is falsehood and lies.

WEDNESDAY

Read Proverbs 2:1-5:

My son, if you accept my words
and store up my commands within you,
² turning your ear to wisdom
and applying your heart to understanding—
³ indeed, if you call out for insight
and cry aloud for understanding,
⁴ and if you look for it as for silver
and search for it as for hidden treasure,
⁵ then you will understand the fear of the Lord
and find the knowledge of God.

What are the conditions to receive God’s wisdom and the knowledge of the Lord?

- Willingness to be teachable such that one can take in and assimilate the truth
- An application of your mind to contemplate and understand the meaning of the truth
- Reaching your mind out to God to connect to Him for insight and understanding as you contemplate the deep meaning



- Approach God's truth as of greatest value, something you actually desire to know and assimilate
- Then you will come into a true knowledge of God, His methods, principles and kingdom of love

Where can this breakdown and obstruct our growth in wisdom?

- Arrogance, being part of the chosen people, who "have the truth" and thus we don't need to be teachable because we already know it
- Believing the lie that the Bible is not to be thought about, contemplated, or understood deeply, but merely taken as it reads. "The Bible said it, I believe it, that settles it."
- Studying on one's own, or through other human agencies disconnected from the enlightenment of the Holy Spirit
- Valuing the defense of one's own held belief system rather than a humble willingness to move beyond one's current understanding
- Defending traditional and historic beliefs rather than moving forward in unfolding truth

Read Proverbs 2:10-22:

For wisdom will enter your heart,
and knowledge will be pleasant to your soul.
¹¹ Discretion will protect you,
and understanding will guard you.
¹² Wisdom will save you from the ways of wicked men,
from men whose words are perverse,
¹³ who have left the straight paths
to walk in dark ways,
¹⁴ who delight in doing wrong
and rejoice in the perverseness of evil,
¹⁵ whose paths are crooked
and who are devious in their ways.
¹⁶ Wisdom will save you also from the adulterous woman,
from the wayward woman with her seductive words,
¹⁷ who has left the partner of her youth
and ignored the covenant she made before God.
¹⁸ Surely her house leads down to death
and her paths to the spirits of the dead.
¹⁹ None who go to her return
or attain the paths of life.
²⁰ Thus you will walk in the ways of the good
and keep to the paths of the righteous.
²¹ For the upright will live in the land,
and the blameless will remain in it;



²² but the wicked will be cut off from the land,
and the unfaithful will be torn from it.

What do you hear?

For wisdom will enter your heart,

and knowledge will be pleasant to your soul. [Understanding reality, how it operates, understanding the truth about God, His character is freeing to the mind and pleasant to the soul]

¹¹ Discretion will protect you,

and understanding will guard you. [We are protected when we take time to think and don't act merely on emotion. To reason out from cause to effect, in the knowledge of God's design for life and health. In doing this our understanding guards of from damaging choices.]

¹² Wisdom will save you from the ways of wicked men,

from men whose words are perverse, [what are the ways of wicked men? What is the root of wickedness? It is selfishness, it is about protecting self, survival of self. Wisdom saves us from mistakenly acting selfishly and notice how choosing selfishness is described because it deviates from how life is designed to operate]

¹³ who have left the straight paths

to walk in dark ways,

¹⁴ who delight in doing wrong

and rejoice in the perverseness of evil,

¹⁵ whose paths are crooked

and who are devious in their ways.

¹⁶ Wisdom will save you also from the adulterous woman,

from the wayward woman with her seductive words,

¹⁷ who has left the partner of her youth

and ignored the covenant she made before God.

¹⁸ Surely her house leads down to death

and her paths to the spirits of the dead. [why does this lead to death? Because it deviates from the design of love. It is self-centered and dishonest. It betrays trust and results in increased fear and insecurity, which causes one to become more self-centered and vicious cycle down]

¹⁹ None who go to her return

or attain the paths of life.

²⁰ Thus you will walk in the ways of the good

and keep to the paths of the righteous.

²¹ For the upright will live in the land,

and the blameless will remain in it; [why do the righteous remain in the land when God returns and makes all things perfect? Because they are also restored to God's design and prepared to live in the unveiled presence of God's glory]

²² but the wicked will be cut off from the land,



and the unfaithful will be torn from it. [What happens to the wicked? What does it mean cut off from the land? While will they be cut off? What cuts them off?]

THURSDAY

Read Proverbs 3:7,8:

Do not be wise in your own eyes;
fear the Lord and shun evil.
⁸This will bring health to your body
and nourishment to your bones.

Why? Is it because if you do the right thing, God performs a miracle to give you better health?

Or is it part of how we were designed to operate upon the law of love and deviating from that law results in destruction to our health?

When we deviate from the law of love – by exploiting another, by grudge holding and resentment, we disrupt our brains salience network and activate our fear circuitry. This results in release of inflammatory factors in our body, which cause:

- Insulin resistance
- DM II
- increase risk of heart attack and stroke
- damage brain cells, increasing risk of mood disorders and dementia
- activate osteoclasts causing osteopenia and osteoporosis

But when we live in harmony with God's design we calm the fear circuitry and stop this inflammatory cascade and it is healthy for our body's and bones here and now, and ultimately to eternal life when all things are made new.

FRIDAY

Read first paragraph, "The youth..." Is it true that life originates with God and is sustained by being connected to Him?

Then what happens if one disconnects?

Read and discuss questions 1 & 2

ANNOUNCEMENTS:

Opportunity to Share:

The General Conference of SDA will have its meeting (which occurs every five years) in San Antonio Texas, July 1-12, 2015. 50,000-70,000 Adventist from all over the world are expected to attend. This presents an opportunity to share this healing message about God in a most impactful way.

We plan on giving away our DVDs, Dr. Jennings' Book *Could It Be This Simple?* and other materials. This will be an enormous project. If you would like to share in this opportunity, you can do so by making donations to *Come and Reason Ministries* either via Paypal, or check mailed to our address below.

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Distribution: Our materials now are available in South Africa. To request materials in South Africa email comeandreason.sa@gmail.com Thanks to Samuel Jacobs who manages distribution for us.

And in Australia or New Zealand email australia@comeandreason.com and Thanks to Simon Harrison who manages our ministry down under. Dr. Jennings will be going back to Australia/New Zealand spring 2015. If you are interested in Dr. Jennings speaking at your group please contact Simon at this email address.

Jan 10, 2015: Dr. Jennings will be speaking at The Haven, formerly Elmshaven, SDA church.

Jan 24, 2015: Dr. Jennings will be speaking at Monterey Peninsula SDA Church

February 21, 2015: Dr. Jennings will be presenting the God and Your Brain Seminar at Shilo Inn. 3223 Bret Clodfelter Way, The Dalles, Oregon. For more info and to register for this free conference contact Joyce Browne at 541-300-0111.

March 13-14, 2015: Dr. Jennings will be speaking in NYC at the Advent Hope Outreach Health Event.

March 27-28, 2015: Dr. Jennings will be speaking at the University of Tennessee Health Science, Psychiatry and Family Medicine Conference in Memphis, TN.

April 10-11, 2015: Dr. Jennings will be speaking at the Yuba City, SDA Church, Yuba City, CA.

April 13, 2015: Dr. Jennings will be speaking at the meeting of Adventist Health Systems West, Sacramento, CA.

April 13, 2015 (7 p.m.): Dr. Jennings will be speaking at the Carmichael SDA church in Sacramento, CA.

May 1-2 2015: Dr. Jennings will be speaking at Springwood SDA Church Brisbane, Australia.

May 3, 2015: Dr. Jennings will be speaking at St Andrews Anglican Church Lutwyche, Australia.

May 5-9, 2015: Dr. Jennings will speak in Australia specific venues pending for these dates

May 11-12, 2015: Dr. Jennings will be speaking at Peer Psychology Group Seminar, Melbourne, Australia, For info contact Tamara Auora-McCulloch at ladytamara.amcc@gmail.com

May 15, 2015: Dr. Jennings will be speaking at Avondale College, Cooranbong, NSW, Australia.

May 16, 2015: Dr. Jennings will be doing an all day seminar at Maitland SDA Church, Australia

May17-20, 2015: Dr. Jennings will be speaking to the Adventist Education Department, Auckland, New Zealand.

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NOTE: WARNING: There is another ministry with a similar name called "Come Reason Ministries" and they are located in California. Please be sure and select **Come AND Reason Ministries Located in Collegedale TN.**